



A NuVo World

TRANSFORMING NDG

Feed NDG

Nourishing people with dignity while strengthening the
community around them



Food sustains life. Compassion gives it meaning.

A practical invitation to build a healthier, kinder, more connected community.

A NuVo World: from vision to daily life

A NuVo World begins with a simple conviction: communities change when ordinary people choose to care for one another, consistently and practically. NDG is the proving ground - a place where residents, businesses, schools, faith communities and organizations can build a model of belonging that can eventually be adapted elsewhere.

Every person matters. Every act of kindness matters. Every neighbourhood can become extraordinary.

This program brief turns one part of the larger NDG Transformation Plan into an actionable community initiative. It is designed to be shared with prospective Champions, partners, volunteers, donors and residents.

Feed NDG

No child should go to bed hungry. No senior should have to choose between food and another necessity. No family should feel ashamed to ask for help.

The vision

Feed NDG is a community-wide partnership to reduce food insecurity while preserving dignity and building relationships. It is designed to strengthen and complement existing food organizations, not duplicate them. Grocery stores, restaurants, food suppliers, charitable organizations, faith communities, healthcare providers, volunteers and local businesses each contribute what they do best.

Four pathways to nourishment

- **Grocery support:** discreet cards or vouchers that allow households to choose food appropriate to their needs.
- **Prepared meals:** nutritious heat-and-serve meals produced with trusted kitchen and restaurant partners.
- **Emergency response:** rapid short-term food assistance when a household faces an unexpected crisis.
- **Delivery & connection:** volunteer delivery for seniors and residents with mobility barriers, with the human visit treated as part of the service.

Dignity by design

Access should be simple, private and respectful. Wherever possible, residents choose their own food. Eligibility processes should collect only information genuinely needed to administer the program. The tone is never charity from 'us' to 'them'; it is neighbours making sure neighbours have enough.

Building the Feed NDG network

Partnership before infrastructure

- Work alongside established NDG food-security organizations and use their expertise to identify gaps.
- Invite grocers to support grocery cards, surplus recovery and targeted sponsorship.
- Invite restaurants and kitchens to contribute meals, production capacity, ingredients or discounted pricing.
- Create a reliable volunteer delivery and companionship network.
- Connect community gardens and local growers so surplus harvests can reach households that want fresh produce.
- Develop a transparent sponsorship model with clear reporting on where funds go.

A practical pilot

A strong first pilot could serve a defined number of households for 12 weeks, combining grocery support, prepared meals and delivery. Before expanding, review food safety, demand, cost per household, participant experience, volunteer reliability and how well the program coordinates with existing services.

What success looks like

Measure	What it tells us
Households assisted	Reach of the program.
Meals & grocery support	Direct nourishment delivered.
Repeat emergency need	Whether support is becoming more stable over time.
Delivery connections	Support reaching seniors and mobility-limited residents.
Partners & volunteers	Strength of the community network.
Participant experience	Dignity, choice, accessibility and usefulness.

THE INVITATION: Bring what you have to the table - food, funding, kitchen capacity, a vehicle, an hour of time, or a willingness to care. Together, NDG can become a community where no one is left hungry.